

HANDOUT A

How To Pray the Rosary



1. Pray the Apostles Creed
2. Pray the Our Father
3. Pray 3 Hail Mary's (for Faith, Hope and Love)
4. Pray the Glory Be
5. Announce the first mystery and pray an Our Father
6. Pray 10 Hail Mary's
7. Pray the Glory Be
8. Pray the Fatima Prayer
9. Announce the 2nd mystery (repeat 5-8)
10. Announce the 3rd mystery (repeat 5-8)
11. Announce the 4th mystery (repeat 5-8)
12. Announce the 5th mystery (repeat 5-8)
13. Pray the Hail Holy Queen

Apostles Creed I believe in God the Father Almighty, creator of heaven and earth, and in Jesus Christ, His only Son, Our Lord, who was conceived by the Holy Spirit and Born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life ever lasting. Amen.

Our Father Our Father, who art in heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

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Hail Mary Hail Mary, full of grace! The Lord is with thee; blessed are thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners now and at the hour of our death. Amen.

Glory Be Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Fatima Prayer O My Jesus, forgive us our sins; save us from the fires of hell. Lead all souls to heave, especially those most in need of Thy mercy.

Hail Holy Queen Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Ever. To thee do we send up our sighs, mourning and weeping in the valley of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us, and after this our exile, show us the blessed fruit of thy womb, Jesus. O clement! O loving! O sweet Virgin Mary! Pray for us, O Holy Mother of God that we may be made worthy of the promises of Christ. Amen.

The Joyful Mysteries (prayed on Mondays & Saturdays): The Annunciation/ The Visitation/ The Birth of Jesus/ The Presentation / The Finding in the Temple

The Sorrowful Mysteries (prayed on Tuesdays and Fridays): The Agony in the Garden/ The Scourging at the Pillar/ The Crowning with Thorns/ Carrying the Cross/ Jesus Dies on the Cross

The Glorious Mysteries (prayed on Wednesdays and Sundays): The Resurrection of the Lord/The Ascension into Heaven/ The Descent of the Holy Spirit/ The Assumption of Mary/ The Crowning of Mary in Glory

The Luminous Mysteries (prayed on Thursdays): The Baptism of Jesus in the Jordan/ The Wedding Feast at Cana/ The Proclamation/ The Transfiguration/ The Institution of the Eucharist

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THE MYSTERIES OF THE ROSARY

[HANDOUT B]

The Joyful Mysteries

The Annunciation: The angel Gabriel visits Mary and tells her she will conceive Jesus

The Visitation: Mary visits her cousin Elizabeth who is pregnant with John the Baptist

The Birth of Jesus: Jesus is born in a manger in Bethlehem

The Presentation in the Temple: Mary and Joseph present their son in the temple

The Finding in the Temple: Jesus is missing, but Mary and Joseph find him in the temple

The Glorious Mysteries

The Resurrection of the Lord: Jesus rises from the dead

The Ascension into Heaven: 40 days after he rose, Jesus ascends into heaven

The Descent of the Holy Spirit: Jesus sends down his Holy Spirit to be with the disciples

The Assumption of Mary: Mary is taken up, body and soul, into heaven

The Crowning of Mary in Glory: Mary is honored as the queen of heaven

The Luminous Mysteries

The Baptism of Jesus in the Jordan: Jesus is baptized by John the Baptist

The Wedding Feast at Cana: Jesus turns water into wine at the wedding in Cana

The Proclamation: Jesus announces that the Kingdom of God is near

The Transfiguration: Jesus appears in a cloud to his disciples

The Institution of the Eucharist: Jesus celebrates the Last Supper with his disciples

The Sorrowful Mysteries

The Agony in the Garden: Jesus prays in the garden of Gethsemane before His Passion

The Scourging at the Pillar: Jesus is whipped and beaten

The Crowning with Thorns: A crown of thorns is placed on Jesus' head

Carrying the Cross: Jesus carries his cross to Calvary

Jesus Dies on the Cross: Jesus is nailed to the cross and dies